

英语精读课程标准

一、课程名称

英语精读

二、适用的专业范围及层次

全日制三年小学英语教育专业一至三年级学生

三、参考学分和学时

参考学分：20 学分

参考学时：352 学时

四、考核方式

考试

五、课程教学目的和要求

英语精读是为高等学校英语教育专业开设的专业必修课。本课程传授系统的语音、语法、词汇、篇章结构、语言功能、意念等基础语言知识，训练听、说、读、写、译等基本的语言技能。以语言基本功训练为主要途径，以培养语言交际功能为主要目的，同时兼顾师范教育的特殊性，传授一定的教学技能。本课程的教学应根据大纲所规定的项目开展交际技能与教学技巧的训练，并鼓励学生在努力学习语言的同时努力了解英语国家的文化知识。指导正确的学习方法，丰富学生的社会文化知识，与单项技能课相辅相成。特点在于所使用的语言材料是系统的，精选的，技能的训练是综合性的。

整个教学围绕以下几个方面进行：

(一) 语音：学生应掌握正确的语音和语调，在朗读和听说中有基本的节奏感和语调感。

(二) 语法：掌握系统的基本英语语法，并能在综合运用中作到概念清楚，形式正确。

(三) 词汇：要认知 5000 -- 6000 左右个词汇，熟练掌握其中 2000 -- 2500 个最基本的搭配，能在口语和写作中灵活正确运用。

(四) 功能意念：用英语正确表达规定的功能意念，以达到实际交流运用的目的。

(五) 交际能力：运用习得的语言知识和语言技能在规定范围内进行交际。

(六) 阅读理解：阅读英语国家中等程度的各种材料和文章：新闻，电讯，特写，短文，电报，史地，传记，游记，科普文章等，阅读速度为每分钟 80 个词，了解中心大意，抓住主要论点和情节，能根据所读材料进行推理和分析，领会作者的真正意图。

(七) 写作：习作不同题材的文章，如：记叙文，议论文，应用文等；学习写摘要，提纲和笔记；练习笔头回答问题，复述内容；根据题目在一小时内写出 200-250 词的短文，做到内容完整，条理清楚，语法基本正确，语言通顺、流畅。

(八) 听说：收听外文广播新闻（VOA,BBC,CRI），TOEFL 听力中的小型对话及其它听力材料；在课堂及课外学习用英语进行日常生活和社会生活交谈；练习在 15 分钟内听写 200 字的英语短文。

(九) 翻译：能根据词汇或句型提示完成课后的翻译练习。

对英语专业学生而言，综合英语课是一门最主要的课程。它是英语学习的核心，通过该门课，学生可以学到英语语言知识，并能培养学生运用语言知识的综合能力。因此，本课程讲课中应注意知识的层层递进，具有连续性，语言点突出，讲解清晰准确，通过典型例句解释语言现象。课堂上，遵循精讲多练，以学生为主的原则，采取讲授、问答、复述、听写、讨论、会话、辩论、讲故事、表演、教学演讲等有利于学生学习英语并能引发学生对英语学习兴趣的多种课堂活动的方式，以便达到教学目的。

六、课程内容和学时分配

本课程第 1-4 学期选用的教材是季佩英、冯豫主编、高等教育出版社出版的《全新版大学进阶英语综合教程》（思政智慧版）（1—4 册）。教材的每个单元设一主题，由 Overview/Opener 导入，主体由三个部分组成：Reading & Interacting, Reading & Comprehending, Integrated Skills Practicing, 单元最后还编有 Garden of Poem/ Quotations, 以帮助学生提升人文素养。在教学内容的安排上通过循序渐进的方式，使学生逐渐地掌握系统的英语基础知识，并把所学到的知识应用于各种交际性任务，包括教师技能训练任务中去。第 5 学期根据学生的学习能力和知识需求选用《专升本—大学英语通识教程》，该教材在帮助学生提升英语技能的同时，也注重培养学生的综合素质和社会责任感，是职业院校专科大学生英语学习的理想选择。

根据教学计划规定的学时数，具体学时分配如下表：

学时分配表（第一册）

章数	内容	理论课时	实践课时	小计
Unit One	The Pursuit of Dreams	7	5	12
Unit Two	Freshman Year	7	5	12
Unit Three	True story of Nazi Germany	6	4	10
Unit Four	Meeting Statesmen	6	4	10
Unit Five	The water Problem	6	4	10
Unit Six	Going offline	6	4	10
合计		38	26	64

学时分配表（第二册）

章数	内容	理论课时	实践课时	小计
Unit One	Living Green	7	5	12
Unit Two	Tales of True Love	7	5	12
Unit Three	Friendship	7	5	12
Unit Four	Study Abroad	7	5	12

Unit Five	Pioneers of Flight	7	5	12
Unit Six	Maker Movement in China	7	5	12
合计		42	30	72

学时分配表（第三册）

章数	内容	理论课时	实践课时	小计
Unit One	Working Holiday Abroad	7	5	12
Unit Two	Conspicuous Consumption	7	5	12
Unit Three	Cultural Differences	7	5	12
Unit Four	Emerging Adulthood	7	5	12
Unit Five	Digital Age	7	5	12
Unit Six	Determination	7	5	12
合计		42	30	72

学时分配表（第四册）

章数	内容	理论课时	实践课时	小计
Unit One	Ocean Exploration	7	5	12
Unit Two	China in Translation	7	5	12
Unit Three	Job Hunting	7	5	12
Unit Four	Women Nobel Prize Winners	7	5	12
Unit Five	Cyber Language	7	5	12
Unit Six	Human-Robot Relations	7	5	12
合计		42	30	72

学时分配表（第五册）

章数	内容	理论课时	实践课时	小计
Unit One	Maintain a Balanced Diet	7	5	12
Unit Two	Different Virtual Life	7	5	12
Unit Three	University and Education	7	5	12
Unit Four	Greener and More Harmonious	7	5	12

Unit Five	Resources and Energy	7	5	12
Unit Six	The Changing Society	7	5	12
合计		42	30	72

注：教师可根据教学实际需要可对课程内容进行相应的调整或选择。

七、教学建议

原则上教师应该遵照教学课程标准的要求，以及课程标准所确定的基本内容完成教学任务，但对教学内容的顺序安排，教学时数的分配等方面，可根据实际情况灵活处理。课堂授课时理论教学和实践教学各占总学时的 60%和 40%，根据以上安排的教学内容，综合训练学生听、说、读、写、译等基本的语言技能。

八、理论教学部分

Book One

Unit 1 The Pursuit of Dreams

[主要内容] Talk about the pursuit of dreams

1.1 Reading & Interacting

1.2 Reading & Comprehending

1.3 Integrated Skills Practicing

[重点难点] Know what makes successful dream chasers

Writing logical sentences

[学生掌握要点] Build up an active vocabulary to talk about the pursuit of dreams and know how to use the key words and expressions in context properly

Unit 2 Freshman Year

[主要内容] Talk about freshman year experience

2.1 Reading & Interacting

2.2 Reading & Comprehending

2.3 Integrated Skills Practicing

[重点难点] Make a comparison between American college students' parents and Chinese ones

[学生掌握要点] Communicate with regard to freshman year experience

Unit 3 True Stories of Nazi Germany

[主要内容] Talk about what happened to the Jews during the period of Nazi rule

3.1 Reading & Interacting

3.2 Reading & Comprehending

3.3 Integrated Skills Practicing

[重点难点] Discuss the impact of war on people so as to value peace and life

[学生掌握要点] Build up an active vocabulary to talk about the Jews' horrific experiences in World War II and know how to use the key words and expressions in context properly

Unit 4 Meeting Statesmen

[主要内容] Talk about a successful political career

4.1 Reading & Interacting

4.2 Reading & Comprehending

4.3 Integrated Skills Practicing

[重点难点] Discuss the training and experience necessary to launch a successful political career

[学生掌握要点] Build up their vocabulary about the main characteristics of statesmen and know how to use the key words and expressions in context properly

Unit 5 The water Problem

[主要内容] Talk about humanity's water problem

5.1 Reading & Interacting

5.2 Reading & Comprehending

5.3 Integrated Skills Practicing

[重点难点] Explain why water is going to be the greatest challenge facing mankind in the 21st century

[学生掌握要点] Build up a basic vocabulary about humanity's water problem and learn to use the key words and expressions

Unit 6 Going Offline

[主要内容] Talk about life in the virtual world and, digital Detox experience

6.1 Reading & Interacting

6.2 Reading & Comprehending

6.3 Integrated Skills Practicing

[重点难点] Talk about their own life in the virtual world and, if any, their digital Detox experience

[学生掌握要点] Expand their vocabulary about the digital world and learn how to use the key words and expressions in context properly

Book Two

Unit 1 Living Green

[主要内容] Talk about the negative impact of our modern lifestyle on the environment and how to live green in our life

1.1 Reading & Interacting

1.2 Reading & Comprehending

1.3 Integrated Skills Practicing

[重点难点] Use the proper words to talk about the negative impact of modern lifestyle and how to live a green life

[学生掌握要点] Expand their vocabulary about green living and know how to use the key words and expressions in context properly

Unit 2 Tales of True Love

[主要内容] Read and talk about the stories of true love

2.1 Reading & Interacting

2.2 Reading & Comprehending

2.3 Integrated Skills Practicing

[重点难点] Use the proper words to tell personal stories of love and recount popular folk tales

[学生掌握要点] Acquire useful language for telling a love story and know how to use the key words and expressions in context properly

Unit 3 Friendship

[主要内容] Talk about how to get along with friends

3.1 Reading & Interacting

3.2 Reading & Comprehending

3.3 Integrated Skills Practicing

[重点难点] Use properly the key words and expressions in context to describe friendship

[学生掌握要点] Know what to do to keep friendship alive by comparing it to a flower garden

Unit 4 Study Abroad

[主要内容] Talk about the pros and cons of studying abroad

4.1 Reading & Interacting

4.2 Reading & Comprehending

4.3 Integrated Skills Practicing

[重点难点] Understand the criteria used by admissions officers and those by students when they select foreign institutions of higher education to apply to

[学生掌握要点] Build up their vocabulary about how the experience of overseas study differ from that in China, and know how to use the key words and expressions in context properly

Unit 5 Pioneers of Flight

[主要内容] Talk about the pioneers of flight

5.1 Reading & Interacting

5.2 Reading & Comprehending

5.3 Integrated Skills Practicing

[重点难点] Explain why these pioneers were ahead of their time and how their work relates to aviation today

[学生掌握要点] Build up a basic vocabulary about humanity's dream of flight and aviation, and learn how to use the key words and expressions

Unit 6 Maker Movement in China

[主要内容] Talk about the development of Maker Movement in China

6.1 Reading & Interacting

6.2 Reading & Comprehending

6.3 Integrated Skills Practicing

[重点难点] Understand what the maker movement is about and why it is important

[学生掌握要点] Build up an active vocabulary to talk about the maker movement and know how to use the key words and expressions in context properly

Book Three

Unit1 Working Holiday Abroad

[主要内容] Talk about the experience of working holiday abroad

- 1.1 Reading & Interacting
- 1.2 Reading &Comprehending
- 1.3 Integrated Skills Practicing

[重点难点] Understand what a working holiday is and why it could be a memorable experience

[学生掌握要点] Build up an active vocabulary to talk about working holidays and know how to use the key words and expressions in context properly

Unit 2 Conspicuous Consumption

[主要内容] Talk about the phenomenon of conspicuous consumption

- 2.1 Reading & Interacting
- 2.2 Reading &Comprehending
- 2.3 Integrated Skills Practicing

[重点难点] Talk about the conspicuous consumption of luxury goods, how it has come into being and the effects it might have on society

[学生掌握要点] Expand their vocabulary about conspicuous consumption and know how to use the key words and expressions in context properly

Unit 3 Cultural Differences

[主要内容] Talk about the differences in different cultures

- 3.1 Reading & Interacting
- 3.2 Reading &Comprehending
- 3.3 Integrated Skills Practicing

[重点难点] Illustrate the concept of cultural shock by giving examples

[学生掌握要点] Build up an active vocabulary to about cultural differences and know how to use the key words and expressions in context properly

Unit 4 Emerging Adulthood

[主要内容] Talk about emerging adulthood

- 4.1 Reading & Interacting
- 4.2 Reading &Comprehending
- 4.3 Integrated Skills Practicing

[重点难点] Discuss the important aspects of becoming an adult

[学生掌握要点] Build up an active vocabulary to about growing up and adulthood and know how to use the key words and expressions in context properly

Unit 5 Digital Age

[主要内容] Talk about the advantages and disadvantages of digital age

- 5.1 Reading & Interacting
- 5.2 Reading &Comprehending
- 5.3 Integrated Skills Practicing

[重点难点] Analyze the Pros and cons of the different applications of digital technology mentioned in this unit

[学生掌握要点] Build up an active vocabulary to about digital technology and know how to use the key words and expressions in context properly

Unit 6 Determination

[主要内容] Talk about determination in life

6.1 Reading & Interacting

6.2 Reading &Comprehending

6.3 Integrated Skills Practicing

[重点难点] Explain what were the difficulties each of the protagonists had to overcome

[学生掌握要点] Summarize what the protagonists have in common after reading the passages in this unit

Book Four

Unit1 Ocean Exploration

[主要内容] Talk about the importance of oceans and oceans study

1.1 Reading & Interacting

1.2 Reading &Comprehending

1.3 Integrated Skills Practicing

[重点难点] Talk about the importance of oceans and ocean study , the current status of ocean study and why it is so far from satisfactory

[学生掌握要点] Build up an active vocabulary to talk about oceans exploration and know how to use the key words and expressions in context properly

Unit 2 China in Transition

[主要内容] Talk about the urbanization in China

2.1 Reading & Interacting

2.2 Reading &Comprehending

2.3 Integrated Skills Practicing

[重点难点] Talk about how urbanization and urban development has brought changes in Chinese cities, what urbanization means to villages across the country and what impact it will have on the population

[学生掌握要点] Expand their vocabulary about urbanization and know how to use the key words and expressions in context properly

Unit 3 Job Hunting

[主要内容] Talk about how to find a job

3.1 Reading & Interacting

3.2 Reading &Comprehending

3.3 Integrated Skills Practicing

[重点难点] Have a clear idea of what the target employers are looking for in job applicants, how to present a clear message to them about who you are and what you do best, and how to prepare

well to succeed in job interviews

[学生掌握要点] Build up an active vocabulary to about job hunting and know how to use the key words and expressions in context properly

Unit 4 Women Nobel Prize Winners

[主要内容] Talk about the women Nobel Prize winners

4.1 Reading & Interacting

4.2 Reading & Comprehending

4.3 Integrated Skills Practicing

[重点难点] Analyze the achievements of women in the workplace and the challenges they face

[学生掌握要点] Build up an active vocabulary to about female Nobel Prize winners and know how to use the key words and expressions in context properly

Unit 5 Cyber Language

[主要内容] Talk about network language

5.1 Reading & Interacting

5.2 Reading & Comprehending

5.3 Integrated Skills Practicing

[重点难点] Analyze the impact of the internet on language

[学生掌握要点] Build up an active vocabulary to about cyber language and know how to use the key words and expressions in context properly

Unit 6 Human-Robot Relations

[主要内容] Talk about the development of artificial intelligence and human-robot relations

6.1 Reading & Interacting

6.2 Reading & Comprehending

6.3 Integrated Skills Practicing

[重点难点] Exchange ideas on the topic of the potential benefits and risks if artificial intelligence

[学生掌握要点] Build up an active vocabulary to about artificial intelligence and know how to use the key words and expressions in context properly

Book Five

Unit 1 Maintain a Balanced Diet

[主要内容] Explore the importance of maintaining a balanced diet and its impact on personal health.

1.1 Warm-up

1.2 Reading

1.3 Grammar Window

1.4 Writing

[重点难点] understand and discuss the relationship between diet and health, learn related vocabulary and expressions.

[学生掌握要点] Students master the essentials: master vocabulary related to diet and health, understand and discuss how to maintain health by eating a balanced diet.

Unit 2 Different Virtual Life

[主要内容] Explore the diversity of virtual life and its impact on real life.

2.1 Warm-up

2.2 Reading

2.3 Grammar Window

2.4 Writing

[重点难点] understand the concept of virtual life, analyze the difference and connection between virtual life and real life.

[学生掌握要点] master the vocabulary and phrases that describe virtual life and understand the impact of virtual life on individuals and society.

Unit 3 University and Education

[主要内容] An introduction to university education and its importance for personal growth and future development.

3.1 Warm-up

3.2 Reading

3.3 Grammar Window

3.4 Writing

[重点难点] understand the meaning of university education, discuss the characteristics of university study and life.

[学生掌握要点] master the vocabulary and expressions associated with university education and understand the value of university education.

Unit 4 Greener and More Harmonious

[主要内容] Discuss the importance of environmental protection and harmonious society construction.

4.1 Warm-up

4.2 Reading

4.3 Grammar Window

4.4 Writing

[重点难点] understand the concept of environmental protection and harmonious society, analyze the necessity and method of environmental protection actions.

[学生掌握要点] master vocabulary and phrases related to environmental protection and harmonious society, and understand the importance of environmental action.

Unit 5 Resources and Energy

[主要内容] Introduces the importance of resources and energy and its sustainable use.

5.1 Warm-up

5.2 Reading

5.3 Grammar Window

5.4 Writing

[重点难点] Understand the concept of resources and energy, discuss the solution of resource depletion and energy crisis.

[学生掌握要点] Acquire vocabulary and phrases related to resources and energy, and understand

the importance of sustainable use of resources and energy.

Unit 6 The Changing Society

[主要内容] To explore the causes, processes and effects of social change.

6.1 Reading & Interacting

6.2 Reading & Comprehending

6.3 Integrated Skills Practicing

[重点难点] Understanding the complexity of social change and analyzing the impact of social change on individuals and society.

[学生掌握要点] Acquire vocabulary and phrases that describe social change, and understand the diversity and inevitability of social change.

九、实践教学部分

实践项目一、Listening comprehension

实践项目二、Role play

实践项目三、Speech

实践项目四、Story telling

实践项目五、Retelling

实践项目六、Report

实践项目七、Presentation

实践项目八、Discussion

实践项目九、Debate

实践项目十、Tongue twister

实践项目十一、Reading(scanning)

实践项目十二、Reading(skimming)

实践项目十三、Dictation(sentences)

实践项目十四、Dictation(Paragraphs)

实践项目十五、Essay writing

实践项目十六、Rewriting

实践项目十七、Translating (sentences)

实践项目十八、Translating (paragraphs)

十、建议使用教材及主要参考书

教材:

1、季佩英、冯豫. 全新版大学进阶英语综合教程(思政智慧版)(1-4册). 高等教育出版社, 2021. (第1-4学期)

2、廉德刚、孙晓艳.《专升本—大学英语通识教程》.大连理工大学出版社, 2021 (第5学期)

参考书:

[1] 王佐良、祝珏、李品伟、高厚. 欧洲文化入门. 外语教学与研究出版社.

[2] 李观仪. 新编英语教程. 上海外语教育出版社, 1999.

- [3] 高等学校英语专业英语教学大纲.外语教学研究出版社,上海外语教育出版社, 2000.
- [4] Longman Dictionary of Contemporary English, 外语教学研究出版社, 1995.
- [5] Collins English Dictionary for Advanced Learners, 2001.
- [6] 黄源深, 虞苏美等主编, 《综合英语教程》(1-4册), 高等教育出版社, 1998.